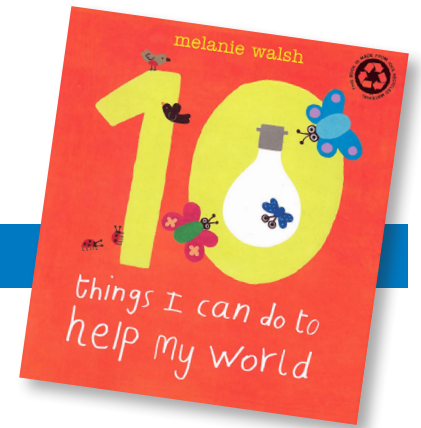


# 10 Things I Can Do to Help My World

## A RIF GUIDE FOR COMMUNITY COORDINATORS

**Themes:** Conservation, Recycling, Environment  
**Grade Level:** K to 1st grade  
**Book Brief:** This book offers 10 simple ways kids can help take care of our planet.

**Author and Illustrator:**  
Melanie Walsh



## TIME TO READ!

**Before reading:** Explain that this book is about how we can help take care of our world. Why is it important to protect the planet? Ask children to think up their own ways to help. Make a list of their ideas before reading and see if any of those ideas match the author's.

## RELATED ACTIVITIES

### FOR THE BIRDS (AGES 5-7)

Ingredients: large pretzel, peanut butter, sunflower seeds, string, paper plate

Tie a string through one of the pretzel's holes. Cover one side of the pretzel with peanut butter. Place sunflower seeds on the paper plate. Lightly press the peanut-buttered side of pretzel into the seeds. Hang your bird feeder from a tree branch and watch birds enjoy the tasty treat!

### WORKS OF ART (AGES 5-7)

Materials: recyclable items, glue or tape

Search the community center's recycling box for items like (clean!) cardboard tubes, old newspapers, twist ties, boxes, and plastic bottles. Place the items in the center of a table. Allow kids to pick a few items and create a sculpture by gluing or taping the pieces together.

### BOOK TRADE (AGES 5-7)

Materials: paper, pen, container for drawing names

Have children recycle their old books! Each child should bring in one book to trade. Write children's names on pieces of paper and put them in a box or bucket. Let each kid show their book, give a brief description of it and why they like it, and then place it on a table. After all the books have been shared, draw a name from the container. Whoever's name is drawn first gets first pick of the books. Keep going until all books have been traded. Be sure to have a few extra books on hand for kids who forget or can't bring any of their own.



## ADDITIONAL RESOURCES

### OTHER BOOKS BY THIS AUTHOR

*Do Lions Live on Lily Pads?* (2006), *My Green Day* (2012), *My Nose, Your Nose* (2002).

### TECHNOLOGY LINK FOR KIDS

[www.rif.org/kids](http://www.rif.org/kids)



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