	Lesson Plans for Nestle Collection
	Medicine (Level 1, PreK-2)
	Reading Is Fundamental
	Books Supported: <ul style="list-style-type: none"> • <i>Keeping You Healthy: A Book About Doctors</i> by Ann Owen

INTRODUCTION

Community helpers are people who help people get the help they need. Community helpers who work in the medical field help us to stay healthy. The books in this collection will help students learn about how medical workers help. This lesson plan will provide general information for the collection and then book-specific information below.

Here are some examples of activities to support students' learning:

- Create a word wall of vocabulary from the unit. For pre-readers, include pictures that can be easily detached from and reattached to the wall. As you review vocabulary, ask students to help you match the pictures with the words.
- Set up a "Medicine Literacy Center" in your classroom. Include books from this collection and other books about medicine and medical workers. Decorate the walls with a set of posters showing medical workers like doctors, nurses, pharmacists, and EMTs.
- Set up a doctor's office imaginative play center in your classroom. Include toy doctor's kits and lab coats and provide clipboards and folders for charts and notepads for writing prescriptions.
- Invite a doctor to visit your classroom to talk about how doctors keep us healthy. Young children are often very interested in doctors and what doctors do because it is one profession they encounter with a fair degree of regularity.
- Depending on the age of the students, you can help them put together a small first aid kit to keep at home.

MATERIALS

- sentence strips
- medical workers poster set
- books about medicine/healthcare
- toy doctor's kit and lab coats
- clipboards, folders, notepads
- materials for first aid kits (adhesive bandages, antiseptic wipes, cotton balls, etc.)

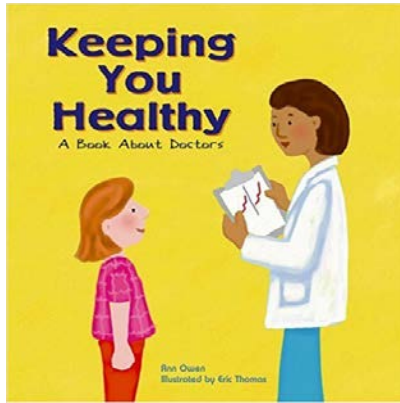
General Objectives for Medicine Lessons

Students will:

- identify ways doctors help us stay healthy
- understand new vocabulary from the unit

BOOK-SPECIFIC LESSON PLAN 1

Using *Keeping You Healthy: A Book About Doctors* by Ann Owen with the Medicine Level I Lesson Plan



Keeping You Healthy: A Book About Doctors by Ann Owen (Capstone-Picture Window, 2004) is an informational book with simple text that describes what doctors do to keep children healthy.

Objectives

Students will:

- identify ways doctors help us stay healthy
- understand and use key vocabulary from the unit
- identify the main topic of the book
- make connections between the text and the illustrations

CCSS Alignment

RI.K.1 With prompting and support, ask and answer questions about key details in a text.

RI.K.2 With prompting and support, identify the main topic and key details of a text.

RI.K.4 With prompting and support, ask and answer questions about unknown words in a text.

RI.K.5 Identify the front cover, back cover, and title page of a book.

RI.K.7 With prompting and support, describe the relationship between illustrations and the text in which they appear (e.g., what person, place, thing, or idea in the text the illustration depicts).

RI.K.10 Actively engage in group reading activities with purpose and understanding.

RI.1.1 Ask and answer questions about key details in a text.

RI.1.2 Identify the main topic and retell key details of a text.

RI.1.4 Ask and answer questions to help determine or clarify the meaning of words and phrases in a text.

RI.1.5 Know and use various text features (e.g. headings, tables of contents, glossaries, electronic menus, icons) to locate key facts or information in a text.

RI.1.7 Use the illustrations and details in a text to describe its key ideas.

RI.1.10 With prompting and support, read informational texts appropriately complex for grade 1.

NGSS Alignment

K-LS1-1. Use observations to describe patterns of what plants and animals (including humans) need to survive.

1-LS1-2. Read texts and use media to determine patterns in behavior of parents and offspring that help offspring survive.

Pre-Reading Activities: Look at the front cover and read the title: a little girl is talking to a doctor. Ask if children have ever visited the doctor. What happens at the doctor's office? (We get weighed and measured, and the doctor uses special tools to look at our bodies. Sometimes we might get a shot or have blood drawn or swabs taken of our mouth, nose, or throat. Sometimes we might get a prescription.) When do we visit the doctor? (When we are sick or hurt and for wellness visits)

Reading: Read this book aloud to your class, noting the repeated "A doctor..." at the beginning of most of the sentences. Students can chime in as you point to the words. Pause for a close analysis of the tools on pages 12-13.

Provide students with a list of questions to think about as you read:

What are some questions a doctor might ask? (What's wrong? How did you get hurt?)

What does a doctor do to examine your body? (shines a light in your eyes, looks in your ears, looks in your mouth, listens to your breathing, presses on your belly, makes your leg jump). As you answer these questions, make connections to the illustrations that show these actions.

What are some things a doctor might do to help make you better? (give you medicine, put on a cast, give you a shot)

Post-Reading:

Post-Reading Comprehension Questions:

What is a doctor's main job? (to keep you healthy)

What is the main topic of this book? (what doctors do)

What are some tools doctors use? What does each tool do? (Look at the chart on pages 12-13)

Class Activities: Make a web to show what students have learned about doctors. Put the word "Doctors" in the middle. You can do this on the whiteboard or on chart paper, or you can make a web on the wall with construction paper and yarn if you'd like it to be more visible and last longer. Either way, and whether you record contributions for students or have students write them themselves, ask each student to contribute one fact about doctors from the book.

ABOUT THIS TITLE
Lexile: 320L
Interest Level: 4-9 years
Reading Level: PreK-3
Themes Nonfiction, Education, Informational Text, Doctors, Medicine, Health

Word List: (Definitions taken from glossary on page 23 and chart on pages 12-13)

Category Vocabulary:

Healthy	Feeling good, without sickness or pain
Doctor	A community helper who helps us stay well
Community	A group of people who live in the same area
Hospital	A building where doctors and others work to help people who are very sick or badly hurt
Medicine	A substance used to help sick or injured people (or animals) get better

Book-Specific Vocabulary

Ophthalmoscope	A tool used to look into your eyes
Otoscope	A tool used to look into your ears
Reflex hammer	A tool used to tap your knee
Stethoscope	A tool used to listen to your heart and lungs
Scrubs	Loose, lightweight uniforms worn by some doctors in hospitals
Chart	Information about your health history
Shot	Medicine delivered through a needle
Cast	A hard covering that keeps a broken bone in place while it heals
X-ray machine	A piece of equipment that uses very fast beams of light that you can't see to take a picture of something inside a person's body