

A Barefoot Lesson Idea

What Is Your Favorite Bread?

A BAREFOOT LESSON FOR AGES 4-6

Brown bread, white bread, a bagel or naan . . .
which sort of bread do you like eating best?

WHAT TO FIND:

- magazines
- scissors
- glue
- markers
- world map

LET'S COUNT!

- Think of all the different kinds of bread that children like to eat.
- Find pictures of the different types and cut them out.
- Make a tally chart of which children like which type of bread.
- Using the cut-out pictures, make a bar graph to show which kind of bread the children like best.

EXTENSION:

Now that you have pictures of all the different varieties of bread we eat, find a world map and locate where each type of bread comes from. Stick the picture in its proper location; for example, injera would go in Ethiopia and soda bread would go in Ireland.

Ask the children to look for different kinds of bread during their next grocery shopping trip and find out which part of the world it comes from.



Illustrations © Kate Slater from *The Little Red Hen*



The Little Red Hen

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