

Lend a Hand

A RIF GUIDE FOR PARENTS AND FAMILIES

Themes: Community Service, Acts of Kindness, Relationships

Book Brief: This book offers a collection of poems showcasing everyday examples of simple acts of kindness.

Author:
John Frank

Illustrator:
London Ladd



TIME TO READ!



Before reading, make predictions: What does it mean to “lend a hand”? Have you heard that phrase before? What do you think is going on between the people on the cover? Why do you think the author chose this title?

While reading, look for the story: This book works best if you read one or two poems at a time. As you read each poem, ask your child what story it’s telling.

How does the act of kindness shown in each poem connect with the title *Lend a Hand*?

After reading, ask questions:

- ◆ What were you able to *infer*, or guess, about the characters in each poem?
- ◆ What are some acts of kindness that you have done?
- ◆ Has anyone ever done something nice for you for no reason?
- ◆ Why is it important to do kind things for others?
- ◆ How does it make you feel when someone does something nice for you?

RELATED ACTIVITIES

SANDWICH - SHARE A SQUARE

Ingredients: bread, sandwich toppings, plate, knife
Invite a friend or family member to help you make a sandwich. Once the sandwich is finished, cut it into four squares. Share a square (or two) and enjoy the snack together!

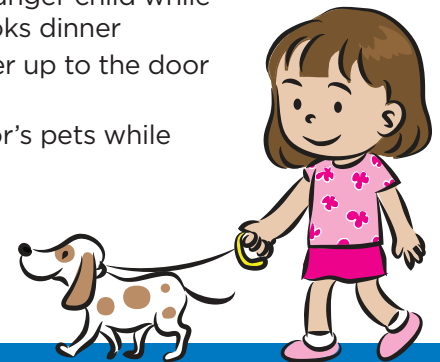
EXPLORER - IMAGINE THAT!

Pick a favorite story to read with a friend or sibling. After the story, imagine that you are both characters in the story and that you have been transported to a different time and place. Act out the story with each other as you let your imaginations take you on new adventures.

NO CHARGE - LEND A HAND

Are there people in your neighborhood who could use a helping hand? Think of some simple ways that you could lend a hand at no charge. Here are a few ideas to get you started:

- ◆ carry in groceries or packages for someone
- ◆ help watch a younger child while dad or mom cooks dinner
- ◆ take a newspaper up to the door for a neighbor
- ◆ watch a neighbor’s pets while they’re away
- ◆ clean up trash in your neighborhood



ADDITIONAL RESOURCES

OTHER BOOKS ABOUT MAKING A DIFFERENCE

Twenty-Two Cents: Muhammad Yunus and the Village Bank, Paula Yoo (2014), *The Soda Bottle School*, Laura Kutner (2014), *Each Kindness*, Jacqueline Woodson (2012).



Reading Is Fundamental