

A Plate Of Hope

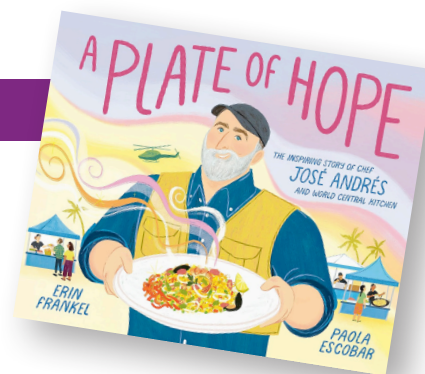
A RIF GUIDE FOR FAMILIES

Themes: Compassion, Cuisine, Humanitarianism

Book Brief: A biography about Spanish-American chef Jose Andres, who, loved cooking so much that he grew up to feed people all over the world and help them when they needed it most.

Author:
Erin Frankel

Illustrator:
Paola Escobar



TIME TO READ!



Before: Read the title of the story and look at the cover. Ask your child what they think will happen in the story.

During: As you read, ask, “What does José Andrés love to do?”

After, ask questions:

- What did José Andrés create to help others?
- How did José Andrés help others?
- Where did he go to help others?

INTENTIONAL TALK

When children build **Story Awareness**, they learn how to tell a story. They enjoy looking at pictures and hearing text that make stories interesting, engaging, and relatable. They also learn to make the connection between the pictures and the text to understand the book. The illustrations tell

a story in themselves. Have your child practice creating a story by sharing their own words for the book, or even continuing the story by sharing what will happen next. If you speak another language at home, this is a great way to practice that language as well.

RELATED ACTIVITIES

José Andrés helps people who need food especially in emergencies. Share how even small acts of kindness can make a big difference in your own community. Brainstorm ways you can help others (e.g., sharing extra food with a neighbor, picking up trash, making “thank you” cards). Choose a project to do together as a family and discuss how it feels to give back.



ADDITIONAL RESOURCES



OTHER BOOKS ILLUSTRATED BY PAOLA ESCOBAR

- **The Perfect Place (2024)**
- **Planting Stories (2020)**
- **Digging for Words (2020)**