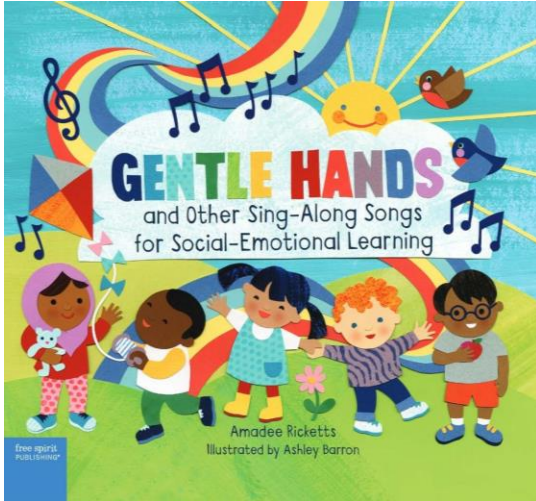


## Discussion Guide for Families



### **Gentle Hands and other Sing-Along Songs for Social-Emotional Learning**

*Author:* Amadee Ricketts

*Illustrator:* Ashley Barron

**Themes:** Emotions and Feelings

**Book Brief:** This beautifully illustrated songbook features twelve sing-along songs with rewritten lyrics that teach essential social-emotional skills, like managing anger and asking for help. Classic tunes like “Frère Jacques” and “B-I-N-G-O” are transformed into fun, memorable lessons, complete with downloadable sheet music.

## READ ALOUD

### **Before Reading: Build Background**

- Ask your child “What are some of your favorite songs to sing? How do you think music can help us learn about feelings and how to get along with others?”

### **While Reading: Make Connections**

- What social-emotional lesson do you think the song we just read is teaching? How do the lyrics help you understand it?
- Can you think of a time when you felt the same way as the song talks about? What did you do to handle that feeling?
- What do the illustrations show about how the characters are using gentle hands or kind words? How do their actions affect others around them?

### **After Reading: Ask Questions**

- What is one lesson you learned from the songs in this book, and how can you use it to help yourself or others in everyday life?

## RELATED ACTIVITIES

### **If your child enjoyed this book, consider:**

- Encourage them to talk about it during other conversations.
- Check out RIF’s [Social and Emotional Learning](#) center to learn more about sustainability with related books and resources.