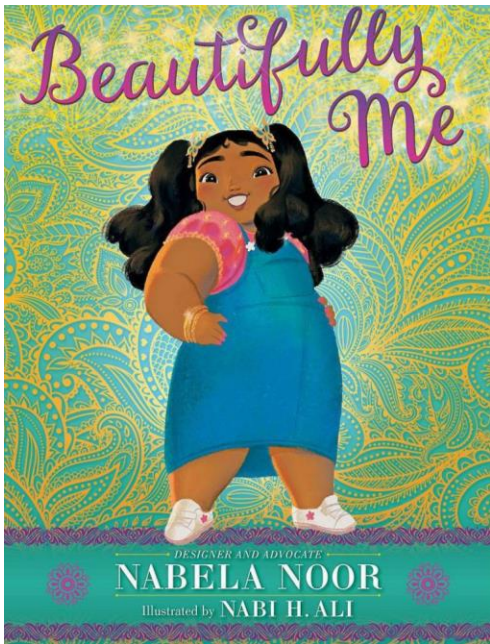


Discussion Guide for Families



Beautifully Me

Author: Nabela Noor

Illustrator: Nabi H. Ali

Themes: Emotions and Feelings

Book Brief: Zubi, a young Bangladeshi girl, begins to question her self-worth after hearing her mother's concerns about appearance. Through her journey, she learns the importance of self-love and embracing her uniqueness, offering a heartfelt message about body positivity and confidence.

READ ALOUD

Before Reading: Build Background

- Ask your child, "Why do you think it's important to feel good about yourself?"

While Reading: Make Connection

- Why does Jerzie feel sad the day after her birthday?
- How does building a snowman with her brother help Jerzie feel better and have fun?
- Why does the melting snowman make Jerzie and her brother feel sad?

After Reading: Ask Questions

- What does 'beautifully me' mean to you?

RELATED ACTIVITIES

If your child enjoyed this book, consider:

- Encourage them to talk about it during other conversations.
- Let them explore more about the topic by reading other books with similar themes, structure, or content. For example: [BIG](#)