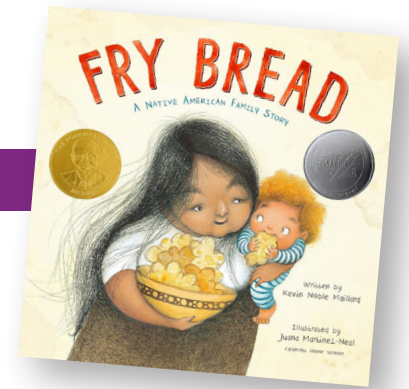


Fry Bread



A RIF GUIDE FOR EDUCATORS

Themes: Family, Food,
Native American Heritage

Book Brief: *Fry Bread* is a celebration of Native American families and heritage through poetic verses about fry bread- a treasured Native American food.

Author:
Kevin Noble Maillard

Illustrator:
Juana Martinez-Neal

TIME TO READ!

BEFORE WE READ LET'S LOOK AT...



The Cover: Look at the cover of the book with students without reading the title and ask, "What do you see on the cover of this book?" As students notice the food and eating in the picture, have them share what they think the food is. Then read the title. "Now what do you think the food might be? Why?"

Picture Walk: Flip through some pages and ask, "What kinds of things are happening in this story?" Encourage students to notice the different activities throughout the book.

Vocabulary: Review these family words using the Picture Vocabulary Cards: *family, mom/mommy, dad/daddy, grandpa, grandma, cousin, aunt, uncle*. Ask students if they know of words in their home language(s) that mean the same thing as these words.

Purpose for Reading: "In this story, the author shares about a food that is very special to many families called fry bread. Sometimes he shares about how fry bread makes him think about other ways that his family is special. Let's see what he shares about in the book."

WHILE WE READ

COMPREHENSION QUESTIONS (LEVELS 1-4)

Throughout the story, pause and ask...

- **Level 1:** "Can you point to something special that is happening on the page? What are they doing here?"
- **Level 2:** "What is fry bread on this page? What does the author say about it here?"
- **Level 3:** "Do the things on this page remind you of anything in your family? How is it the same? How is it different?"
- **Level 4:** "How does the author say that fry bread is like art?"

LET'S THINK ABOUT

Our Purpose: Share, "In the story, the author talks about fry bread, and how it reminds him of many things about his family. What kinds of things did he talk about? Foods or traditions in our family can help us remember all the different ways our family is special. What makes your family special?"

BOOK ACTIVITY:

Making Dough

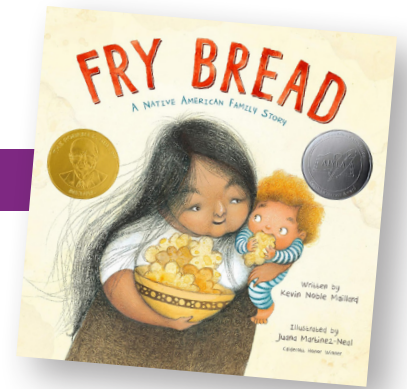
Making fry bread starts with making dough. Students can help make this play dough recipe, then use the dough to knead, roll, mold, and shape like the dough in the book. See the recipe on the following page.



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PLAY DOUGH RECIPE

Many students may be familiar with brightly colored play dough, change the experience by leaving it the natural dough color and adding in fragrant spices like cinnamon and nutmeg, to resemble the fry bread making experience more closely.



Here is a recipe for playdough that you can make with students:

Ingredients

- 1 cup all-purpose flour
- 1/4 cup fine table salt
- 1 teaspoon cream of tartar
- 1/2 tablespoon vegetable oil
- 1/2 cup boiling water (heat ahead of time and handle carefully with students)
- Food coloring (optional)
- Various spices (optional)

Instructions

1. In a plastic bowl, whisk together flour, salt, and cream of tartar. Add spices if desired.
2. Make a well in the center of the bowl, add vegetable oil, boiling water, and food coloring if desired.
3. Stir until a dough forms, add a little bit more flour if needed.
4. When the dough is cool enough to touch, use your hands to further incorporate the flour and knead until all flour is incorporated and dough is soft and uniform in color. (wear latex gloves if desired)
5. Let play dough cool completely before playing with it.

Learn how to make real fry bread by watching this video!

<https://www.youtube.com/watch?v=E7W9GLTVTyg>

As students interact with the dough, ask questions:

- “Do you like to make things in the kitchen with your family?”
- “What do you like to make?”
- “Do you have any special foods that you eat at home, like the fry bread in the story?”

Encourage students to make some of their favorite meals out of the playdough. Discuss the steps it takes to make it, and what it’s like to eat it at home with their family.