

From Head To Toe

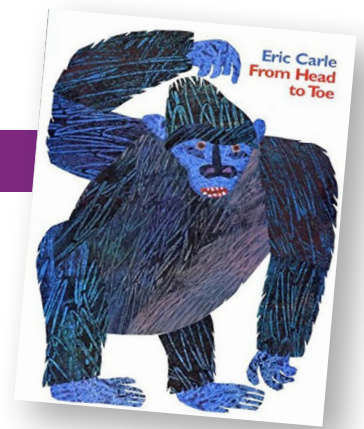
A RIF GUIDE FOR FAMILIES

Themes: Movement, Self-Confidence, Risk-Taking

Book Brief: Giraffes can bend their necks, monkeys can wave their hands, and donkeys can kick their legs. And so can you!

Author:
Eric Carle

Illustrator:
Eric Carle



TIME TO READ!



Before: This story is helpful for building vocabulary on animals, body parts, and body movements through a playful and rhythmic pattern. Before reading, flip through some of the pages and identify the animals. For example, you can say “point to the penguin” or “what animal is this?”

During: As you read, help your child identify the body parts and movements in the book. Let your child mimic the movements and as they do, support their vocabulary by saying the body part and the movement.

After, ask questions:

- Which animals did you see?
- If you could be any animal, which one would you be?
- Which is your favorite movement to do?
- Which movement are you best at? Which movement do you want to practice more?

CONVERSATION STARTERS

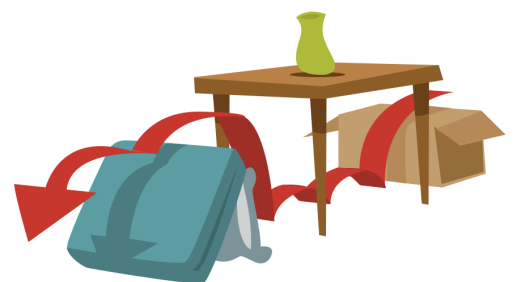
Story Awareness means the ways that stories are organized. Help your child develop story awareness by giving opportunities for them to respond to stories you read. This book uses a question-and-answer format and is helpful for teaching children the expression of questions. It also teaches the repetitive structure used in many children’s books. As you read, pause after each “Can you do it?” and allow your child to respond, “I can do it!” while they do the body movement shown on the page. You may notice that your child learns the pattern of the book and can “read” it on their own.

RELATED ACTIVITIES

HOMEMADE OBSTACLE COURSE

Materials: chairs, pillows, boxes, and any other objects in your home

Set up an obstacle course inside your home and model for your child how to move through it. As you model, say what you are doing as you do it. For example, “I am crawling under the table” or “I am jumping on the pillow.” Then allow your child to complete the obstacle course. Afterwards, ask them what body parts and movements they used as they moved through the obstacle course.



ADDITIONAL RESOURCES



OTHER BOOKS ILLUSTRATED BY ERIC CARLE

- **Brown Bear, Brown Bear, What Do You See? (1967)**
- **The Very Hungry Caterpillar (1969)**
- **Polar Bear, Polar Bear, What Do You Hear (1997)**