

When I Feel Afraid/Cuando tengo miedo (English & Spanish edition)

ANTICIPATION GUIDE

DIRECTIONS

- Before you read the book, read each of the statements and place a check next to “agree” or “disagree” in the BEFORE column.
- Compare your opinions with a partner’s opinions and discuss your reasons for agreeing or disagreeing.
- After you read the book, read the statements again and place a check next to “agree” or “disagree” under the AFTER column. How has your thinking changed?

BEFORE Reading		Statement	AFTER Reading	
agree	disagree		agree	disagree
		Everyone is afraid sometimes.		
		You should never be frightened.		
		Exploring your emotions is important.		
		Seeking out community helpers such as police officers, teachers, medical professionals, and others is a good idea to help when you feel in danger.		
		Everyone worries about some things.		
		Don’t talk with anyone about being angry.		
		Taking a walk, singing a song, playing with friends, or other activities, will help you overcome fears.		
		Some fears are real, and some are imaginary.		