

Taco Falls Apart

ANTICIPATION GUIDE

DIRECTIONS

- Before you read the book, read each of the statements and place a check next to “agree” or “disagree” in the BEFORE column.
- Compare your opinions with a partner’s opinions and discuss your reasons for agreeing or disagreeing.
- After you read the book, read the statements again and place a check next to “agree” or “disagree” under the AFTER column. How has your thinking changed?

BEFORE Reading		Statement	AFTER Reading	
agree	disagree		agree	disagree
		Thoughts, feelings, and actions are connected.		
		If you think you can’t do something, then you won’t even try it.		
		There is nothing you can do to change your thinking.		
		Ignoring your thoughts is the best way to make them go away.		
		Thinking helpful thoughts will help you feel good and do good.		