

Lola Out Loud

A RIF GUIDE FOR FAMILIES

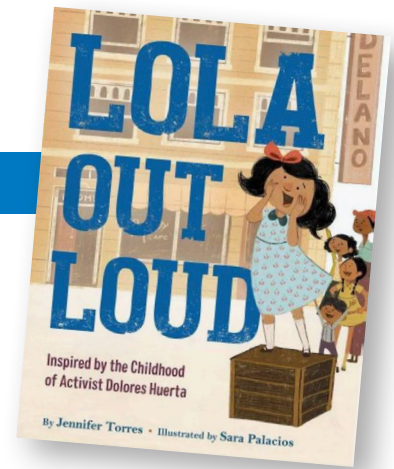
Themes: Activism, Civil Rights

Grade Level: Kindergarten to 3rd grade

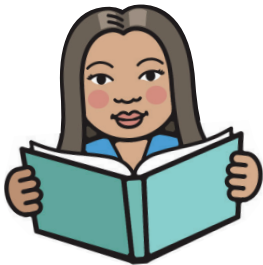
Book Brief: Lola cannot keep quiet when she sees injustices in the world. Inspired by the childhood of Dolores Huerta, this book is a reminder that children can make a difference in the world and grow up to be heroes for justice.

Author:
Jennifer Torres

Illustrator:
Sara Palacios



TIME TO READ!



Before reading, build background: Share a story with your child about a time you fixed a problem or participated in making a change for the better. Invite them to ask you questions about the experience.

While reading, make connections: Do you and your child have anything in common with Lola and her family?

After reading, ask questions:

- How did Lola's family's business teach her to help people?
- What was Lola's reaction to being told to be quiet?
- How did Lola and her family help the woman and girl from the cable car?
- Why is it important to use your voice?

RELATED ACTIVITIES

SEE A PROBLEM, FIX IT!

Lola's mother encourages her to fix the problems she sees. Identify something around the house that needs fixing and figure out a solution together. This could be something small, such as a button that needs to be re sewn, or something bigger. Once you've fixed the problem, talk about the satisfaction that came from taking action.



CHORE REDUX

Lola turns her chores into opportunities to play and perform. A spoon becomes a microphone, and a broom becomes a dance partner. Take a page from Lola's playbook and turn an ordinary household chore, such as washing dishes or folding laundry, into a game, song, or dance. For example, to the tune of Row, Row, Row Your Boat, sing "wash, wash, wash the dishes, wash them nice and clean...merrily, merrily, merrily, merrily, soap goes down the drain...."



ADDITIONAL RESOURCES



OTHER BOOKS ABOUT ACTIVISM:

- **Follow the Moon Home: A Tale of One Idea, Twenty Kids, and a Hundred Sea Turtles (2016)**
- **Malala Yousafzai (Rookie Biographies®) (2016)**
- **Old Enough to Save the Planet (2021)**