

You Are What You Eat: Word Search

Find the words in the list.

V E G E T A B L E S F
F R D F T I A G G C O
P V E R Y I V P V H O
N A S U H M T I R E D
R E S I S I O B Y A P
F E E T N L F Y L L Y
J B R E A K F A S T R
H C T H C A G E D H A
M D M L K E W T I Y M
M B V U D A O D J I I
E H I C H Y K M W N D

Word Bank

BREAKFAST

DESSERT

FOOD PYRAMID

HEALTHY

PASTA

SNACK

TIRED

MILK

VEGETABLES

FRUIT

Answer Key

V E G E T A B L E S F
D F O
P E R H O
A S U M T I R E D
S I S I A P
E T N L L Y
B R E A K F A S T R
T C H A
K Y M
I
D