

## You Are What You Eat: Word Search

Find the words in the list.

O H M B C F G W J R F  
N T I R E D B C F T O  
V E G E T A B L E S O  
I U F A T L P F Y E D  
M I L K D I W A N L P  
C G E F R U I T S V Y  
W H E A L T H Y N T R  
D E S S E R T D A S A  
K F T T F T O U C H M  
U C T O H Y B V K K I  
W M L C B C N L Y W D

### Word Bank

**BREAKFAST**

**DESSERT**

**FOOD PYRAMID**

**HEALTHY**

**PASTA**

**SNACK**

**TIRED**

**MILK**

**VEGETABLES**

**FRUIT**

# Answer Key

B F  
T I R E D O  
V E G E T A B L E S O  
A P D  
M I L K A P  
F R U I T S Y  
H E A L T H Y N T R  
D E S S E R T A A  
T C M  
K I  
D