

## How to Train Your Amygdala: Word Search

Find the words in the list.

S E N S I T I V E  
L N E R V A P L F  
Y A M Y G D A L A  
S P R O T E C T L  
B H E Y A W F K A  
A S L D A N G E R  
D C A L M V I B M  
R Y X T R R V M S  
F R E E Z E T O G

### Word Bank

**AMYGDALA**

**ALARM**

**FREEZE**

**PROTECT**

**DANGER**

**SENSITIVE**

**RELAX**

**CALM**

# Answer Key

S E N S I T I V E

A M Y G D A L A

P R O T E C T L

E A

L D A N G E R

C A L M M

X

F R E E Z E