
How to Train Your Amygdala: Word Search

Find the words in the list.

S C V S N J D A I
E A M Y G D A L A
N L S W M P N A K
S M F Y K J G R F
I I A R Y P E M R
T B G P E H R D E
I P R O T E C T L
V F L H N T Z E A
E O L B E H T E X

Word Bank

AMYGDALA

ALARM

FREEZE

PROTECT

DANGER

SENSITIVE

RELAX

CALM

Answer Key

S C D A
E A M Y G D A L A
N L N A
S M F G R
I R E M R
T E R E
I P R O T E C T L
V Z A
E E X