

## Exploring Emotions: Word Search

Find the words in the list.

U N C O M F O R T A B L E W  
C S U T N L C A M S V U C H  
M I N D F U L N E S S V Y D  
M O C R N S M E R M P P R K  
O C G R F E E L E E R V U F  
M N W F H M R I L D I P I I  
V P E Y W O R R I E D T V P  
J E M E X C I T E M E N T R  
B F P H Y K M L F O D T L S  
D I S A P P O I N T M E N T  
D P U P P G K I V I U F S E  
L T S P B O R E D O M T E Y  
D K U Y F E E L I N G S U V  
K S R Y B R D N G S C A R Y

### Word Bank

**EMOTIONS**

**FEELINGS**

**SCARY**

**EXCITEMENT**

**DISAPPOINTMENT**

**RELIEF**

**WORRIED**

**PRIDE**

**HAPPY**

**BOREDOM**

**UNCOMFORTABLE**

**MINDFULNESS**

# Answer Key

U N C O M F O R T A B L E

M I N D F U L N E S S

R P

E R

L I

W O R R I E D

E X C I T E M E N T

H F O

D I S A P P O I N T M E N T

P I

P B O R E D O M

Y F E E L I N G S

S C A R Y