

## Exploring Emotions: Word Search

Find the words in the list.

D I S A P P O I N T M E N T  
I U C B D G H M S D J D K O  
M I N D F U L N E S S U S B  
U N C O M F O R T A B L E O  
A W O R R I E D I T P K S R  
P R I D E T N N E P J L E E  
I I W B L K F O C U R R W D  
I E X C I T E M E N T G K O  
J L W Y E W E A A U H R I M  
T M E W F R L I L N H P D D  
F K E M O T I O N S A V Y W  
J F B J M S N N N O P K O F  
O A G E W A G U F J P A T Y  
E I A D K L S C A R Y F M P

### Word Bank

**EMOTIONS**

**FEELINGS**

**SCARY**

**EXCITEMENT**

**DISAPPOINTMENT**

**RELIEF**

**WORRIED**

**PRIDE**

**HAPPY**

**BOREDOM**

**UNCOMFORTABLE**

**MINDFULNESS**

# Answer Key

D I S A P P O I N T M E N T

M I N D F U L N E S S            B

U N C O M F O R T A B L E O

W O R R I E D                    R

P R I D E                            E

                                 L    F                            D

E X C I T E M E N T                O

                                 E    E                            M

                                 F    L                            H

E M O T I O N S A

                                 N                            P

                                 G                            P

                                 S    C    A    R    Y