

Exploring Emotions: Word Search

Find the words in the list.

O F H A P P Y B O B V F P O
B G C F C R C F D Y F N E F
O R E X C I T E M E N T L C
R E O I E D H E V R K V B V
E L B Y V E B L I L D A K J
D I S A P P O I N T M E N T
O E M O T I O N S J F V S V
M F K C W G S G C O W A M N
T T M U D V U S A H D E H R
N K I B B W O R R I E D K Y
O K K T D Y G B Y M H D W H
I U N C O M F O R T A B L E
V N V M I N D F U L N E S S
I R Y P O U M N P K P K B A

Word Bank

EMOTIONS

FEELINGS

SCARY

EXCITEMENT

DISAPPOINTMENT

RELIEF

WORRIED

PRIDE

HAPPY

BOREDOM

UNCOMFORTABLE

MINDFULNESS

Answer Key

H A P P Y
B R F
O R E X C I T E M E N T
R E D E
E L E L
D I S A P P O I N T M E N T
O E M O T I O N S
M F G C
S A
W O R R I E D
Y
U N C O M F O R T A B L E
M I N D F U L N E S S