

Exploring Emotions: Word Search

Find the words in the list.

D I S A P P O I N T M E N T
N O L D G Y J A N W T L U P
H A P P Y B I P W L T F S A
V W O R R I E D I W N V F B
Y W Y I E W D R K D E F N E
A C L D L O J B O R E D O M
A O R E I J Y G Y B E H G O
B A D N E X C I T E M E N T
M I N D F U L N E S S M I I
S S M O A L W S C A R Y F O
E K W L R Y S N T U R E N N
U I K M W B F E E L I N G S
A R V J H G E D G D I T T J
I U N C O M F O R T A B L E

Word Bank

EMOTIONS

FEELINGS

SCARY

EXCITEMENT

DISAPPOINTMENT

RELIEF

WORRIED

PRIDE

HAPPY

BOREDOM

UNCOMFORTABLE

MINDFULNESS

Answer Key

D I S A P P O I N T M E N T

H A P P Y

W O R R I E D

I E E

D L B O R E D O M

E I O

E X C I T E M E N T

M I N D F U L N E S S I

S C A R Y O

N

F E E L I N G S

U N C O M F O R T A B L E