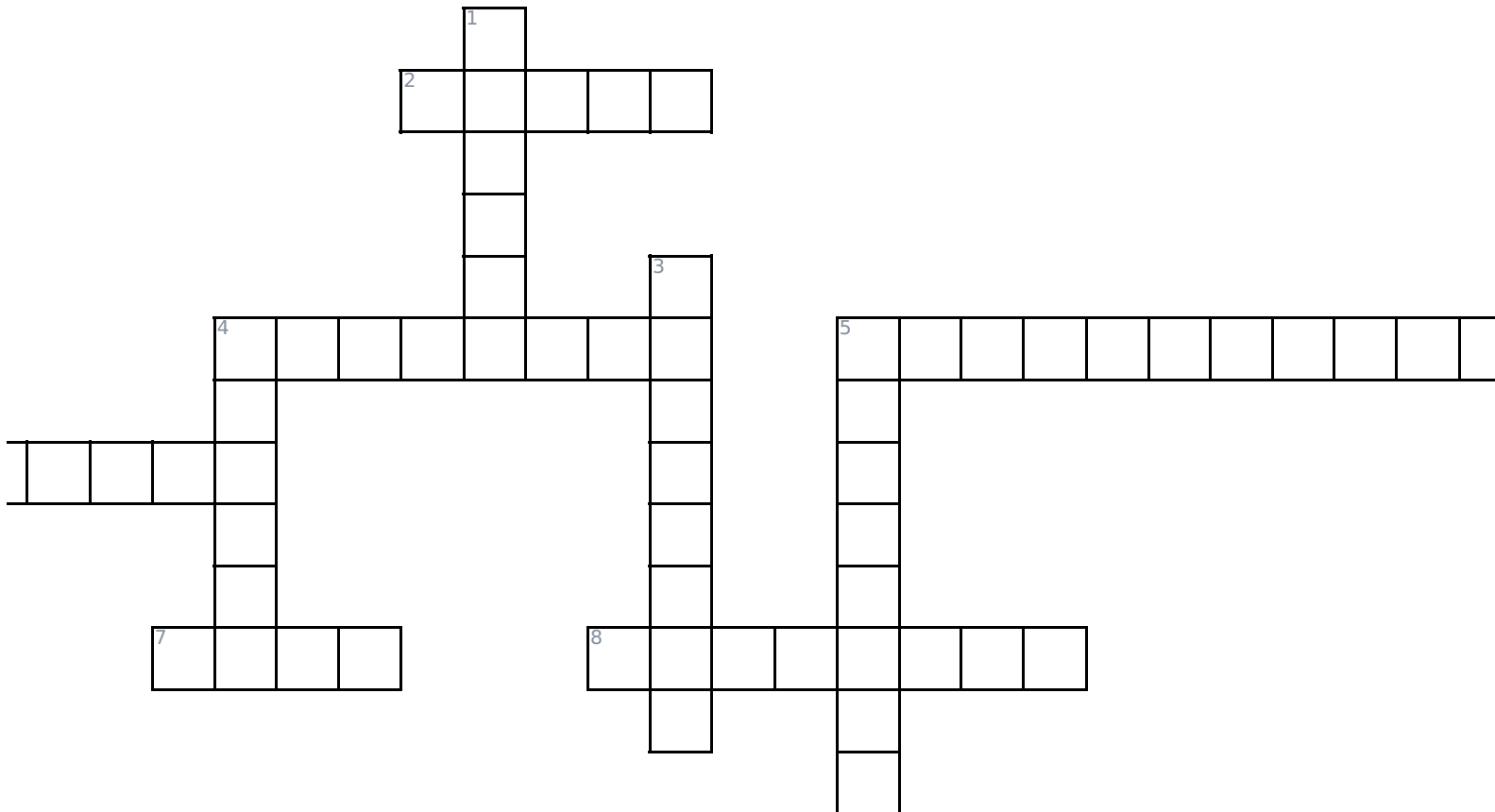


A World of Pausabilities: Criss Cross

Answer clues based on the content and vocabulary words from A World of Pausabilities. Look for hints in the Word Bank. Print the puzzle or use on your tablet, phone, or computer.



Across

2. Your feelings are not right or ____, pausing can help you feel better.
4. You can take a pause ____, like in your room, at school or on a bus.
5. A ____ is taking a pause just for you, to stop and notice what you feel, think and do.
6. Some pauses are ____ like taking a deep breath, slowing down and turning off electronics.
7. Someone you love can ____ you take a pause and give you a hug.
8. Sometimes a pause can be used to help when you have bad ____.

Down

- 1. One way to pause is to take a deep ____.
- 3. Sometimes a pause can help you ____ an activity better in the future.
- 4. Some pauses are ____ like walking, drawing, painting or wiggling your toes.
- 5. Learning to take a pause, sometimes takes ____.

Word Bank

PAUSABILITY
FEELINGS
WRONG

PRACTICE
REMEMBER
BREATH

QUIET
HELP

ACTIVE
ANYWHERE

Answer Key

