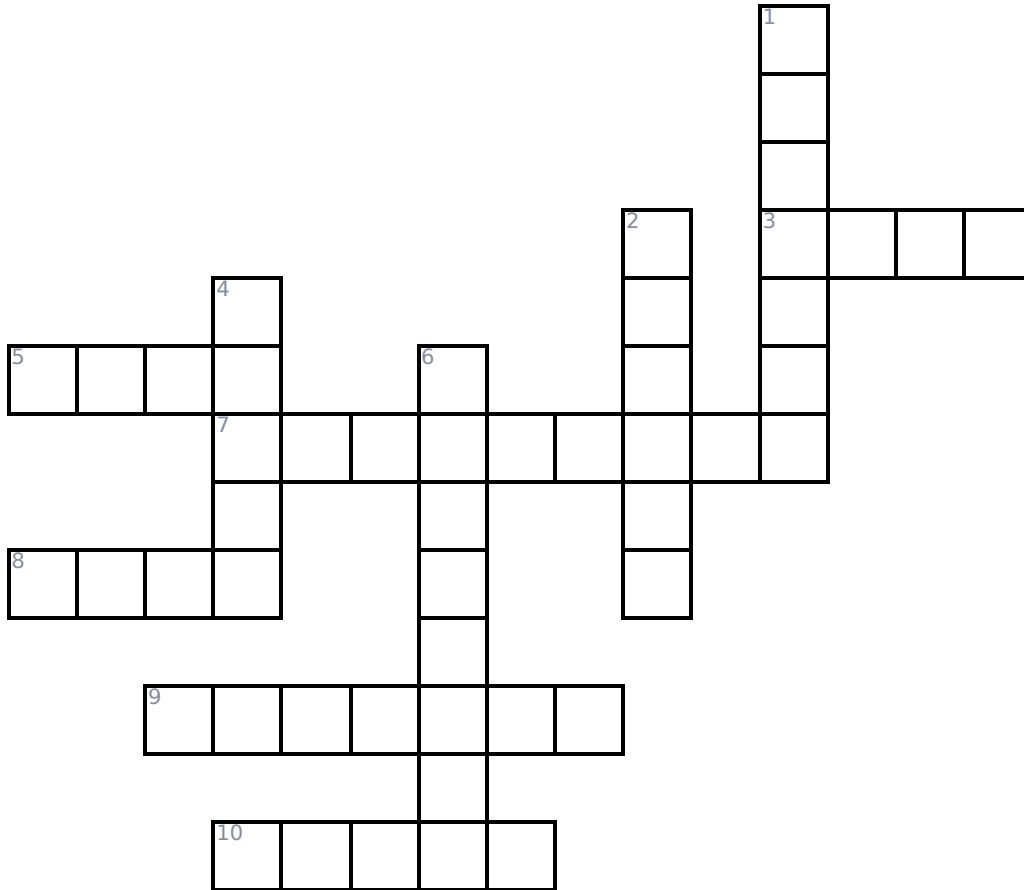


## Visiting Feelings: Criss Cross

Answer clues based on the content and vocabulary words from Visiting Feelings. Look for hints in the Word Bank. Print the puzzle or use on your tablet, phone, or computer.



### Across

3. Feelings can be soft like your mom whispering or \_\_\_ like a fussy baby.
5. Taking deep breaths in through your \_\_\_ can help you pay attention to your feelings.
7. If you pay \_\_\_ you might be able to tell why your feelings are there.
8. Whenever a feeling comes by to \_\_\_, welcome it in to stay.
9. Treat your feelings like \_\_\_ talking to you.
10. Feelings can barge in or can come in shy like a \_\_\_.

### Down

- 1. Sometimes it is hard to \_\_\_ your feelings.
- 2. Sometimes you can feel your feelings \_\_\_ your stomach or throat.
- 4. Feelings can be light as a cloud or \_\_\_ like a huge grizzly bear.
- 6. If you listen to what your body can say, you'll find that your \_\_\_ are really okay.

### Word Bank

FEELINGS  
ATTENTION  
HEAVY

PLAY  
LOUD  
EXPLAIN

FRIENDS  
NOSE

INSIDE  
MOUSE

# Answer Key

