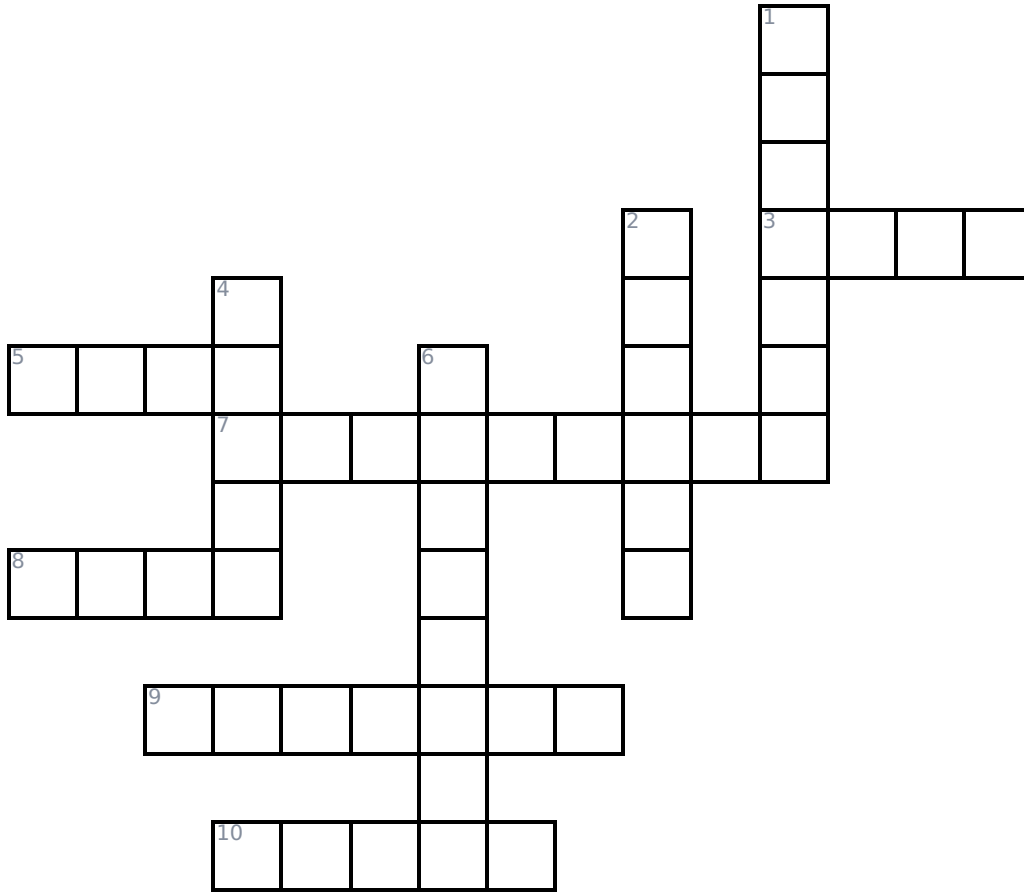


Visiting Feelings: Criss Cross

Answer clues based on the content and vocabulary words from Visiting Feelings. Look for hints in the Word Bank. Print the puzzle or use on your tablet, phone, or computer.



Across

3. Feelings can be soft like your mom whispering or ___ like a fussy baby.
5. Taking deep breaths in through your ___ can help you pay attention to your feelings.
7. If you pay ___ you might be able to tell why your feelings are there.
8. Whenever a feeling comes by to ___, welcome it in to stay.
9. Treat your feelings like ___ talking to you.
10. Feelings can barge in or can come in shy like a ___.

Down

- 1. Sometimes it is hard to ___ your feelings.
- 2. Sometimes you can feel your feelings ___ your stomach or throat.
- 4. Feelings can be light as a cloud or ___ like a huge grizzly bear.
- 6. If you listen to what your body can say, you'll find that your ___ are really okay.

Word Bank

FEELINGS
ATTENTION
HEAVY

PLAY
LOUD
EXPLAIN

FRIENDS
NOSE

INSIDE
MOUSE

Answer Key

