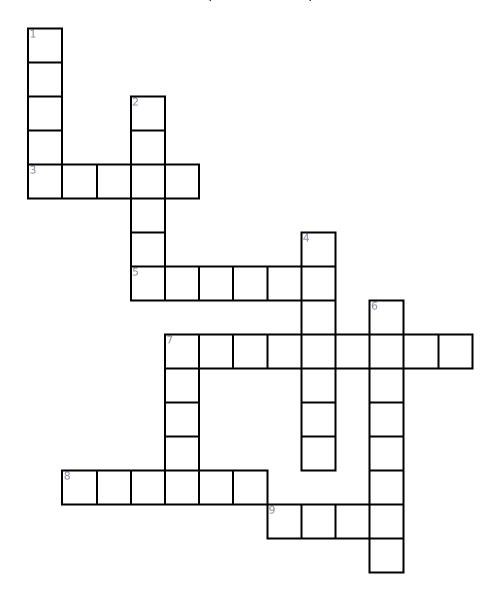


Name:	:		 _
Date:			_

## **Sleep Is For Everyone: Criss Cross**

Answer clues based on the content and vocabulary words from Sleep Is For Everyone. Look for hints in the Word Bank. Print the puzzle or use on your tablet, phone, or computer.



## 3. Scientist know that most people need \_\_\_\_\_ to stay healthy. 5. A Goose can \_\_\_\_\_ while standing up. 7. When you are asleep, your brain keeps you lungs \_\_\_\_. 8. Young children can get \_\_\_\_ if they don't get their nap. 9. A bat will \_\_\_\_ while it's upside down. Down 1. Most people will get \_\_\_\_ when they are tired. 2. When you are asleep, your brain \_\_\_\_ mixed up thoughts. 4. When you are asleep, your brain keeps you heart \_\_\_\_. 6. If you don't get enough sleep, you will make \_\_\_\_. 7. At night your \_\_\_\_ needs a rest from thinking. Word Bank

SNOOZE	DOZE	CRANKY	BRAIN
BEATING	BREATHING	DREAMS	MISTAKES
SLEEP	CROSS		

## **Answer Key**

