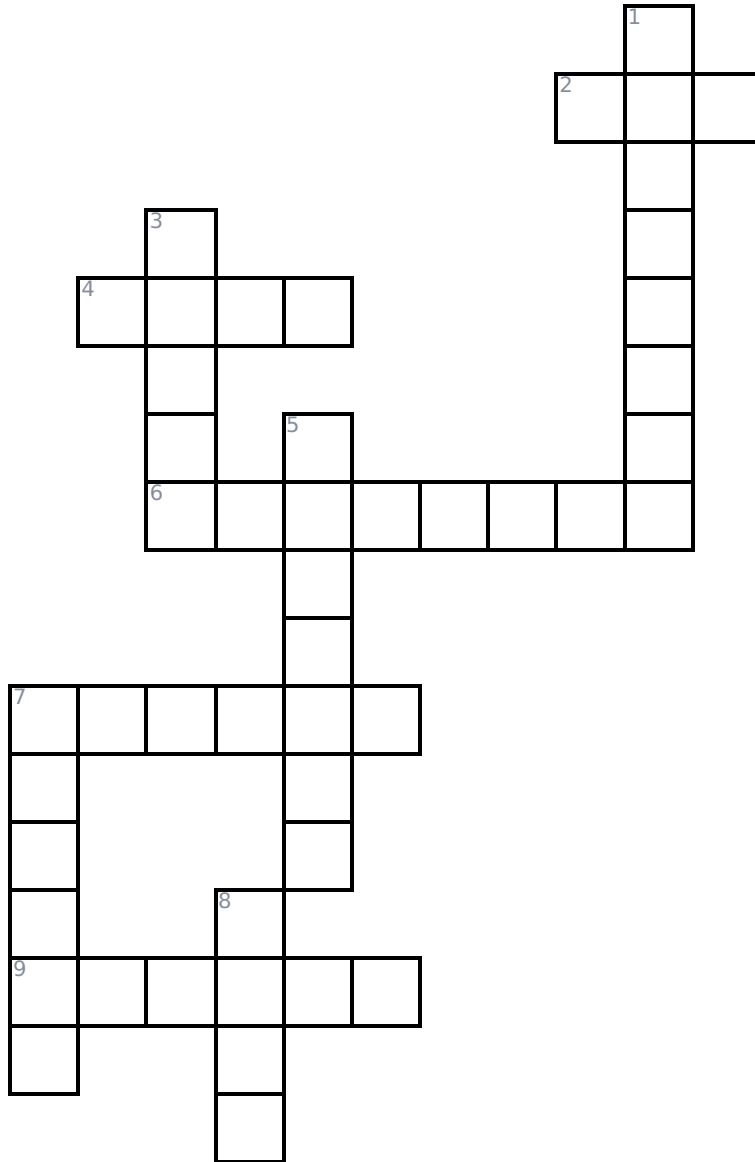


### Exercise: Criss Cross

Answer clues based on the content and vocabulary words from Exercise. Look for hints in the Word Bank. Print the puzzle or use on your tablet, phone, or computer.



## Across

2. See how fast you can \_\_\_\_\_ a race.
4. Take your dog for a \_\_\_\_\_.
6. Staying active and getting your \_\_\_\_\_ helps keep you healthy.
7. Playing \_\_\_\_\_ like soccer or basketball is a form of exercise.
9. Exercise to get \_\_\_\_\_ and lift heavy things.

## Down

- 1. Hop over a \_\_\_\_\_ swung by your friends.
- 3. Moving your body to music
- 5. Exercise helps keep you \_\_\_\_\_.
- 7. You can \_\_\_\_\_ in water to get exercise.
- 8. Can you touch your \_\_\_\_\_?

## Word Bank

EXERCISE  
DANCE  
WALK

TOES  
HEALTHY  
STRONG

SPORTS  
JUMP ROPE

SPLASH  
RUN

# Answer Key

